ITunes - Shake It Off

Proverbs 4:23 (NIV)

Above all else, guard your heart, for everything you do flows from it.

Proverbs 17:22

A merry heart does good, *like* medicine, But a broken spirit dries the bones.

What Is The Heart

The Heart: a person's center for both physical and emotional-intellectual-moral activities.

Ezekiel 36:26

I will give you a **new heart** and put a **new** spirit within you; I will take the **heart** of stone out of your flesh and give you a **heart** of flesh.

Video Here

Acts 28:1-6

28 Now when they had escaped, they then found out that the island was called Malta. ² And the natives showed us unusual kindness; for they kindled a fire and made us all welcome, because of the rain that was falling and because of the cold. ³ But when Paul had gathered a bundle of sticks and laid *them* on the fire, a viper came out because of the heat, and fastened on his hand. ⁴ So when the natives saw the creature hanging from his hand, they said to one another, "No doubt this man is a murderer, whom, though he has escaped the sea, yet justice does not allow to live." ⁵ But he shook off the creature into the fire and suffered no harm. ⁶ However, they were expecting that he would swell up or suddenly fall down dead. But after they had looked for a long time and saw no harm come to him, they changed their minds and said that he was a god.

Matthew 5:8 Blessed are the pure in heart, For they shall see God.

(1 Slide)

Poisoned Heart Conditions

Perverse Heart - Proverbs 12:8
Proud or Haughty Heart - Pr 16:5, Pr 18:12
Hardened Heart - Hebrews 3:8
Deceitful Heart - Jer 17:9
Fearful Heart - Is 35:4
Wicked Heart - Dt 15:9
Brokenhearted - Is 61:1

Genesis 1:12

Every seed produces after its own kind

Things We Do When We Are Bitten

1. We Bury The Bite Repress It

- 2. We Blame Others For The Bite Rehearse It
- 3. We Beat Ourselves Up For The Bite Resent It

(1 Slide) You Will Be Bitten You Don't Have To Be Poisoned

How To Shake Off A Poisoned Heart

1. Recognize
What emotion are you experiencing?

- 2. Repent- Replace/Put Off —Put On "It" Out Of My Mouth 2 Corinthians 10:3-6
- 3. Reclaim
 What God Says About That Issue
- 4. Rely On The Holy Spirit To Heal Romans 8:11

¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

Poison To Pure Heart