

Best Year of Your Life: Relationally Healed

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Relational

Mark 12:30-31

And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' This *is* the first commandment. 31 And the second, like *it, is* this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."

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Love God & Love People

1 John 4:20

If someone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen?

Acts 9:1-5

Then Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest **2** and asked letters from him to the synagogues of Damascus, so that if he found any who were of the Way, whether men or women, he might bring them bound to Jerusalem. **3** As he journeyed he came near Damascus, and suddenly a light shone around him from heaven. **4** Then he fell to the ground, and heard a voice saying to him, "Saul, Saul, why are you persecuting Me?" **5** And he said, "Who are You, Lord?" Then the Lord said, "I am Jesus, whom you are persecuting.[a] It is hard for you to kick against the goads."

Acts 9:13-14

Then Ananias answered, "Lord, I have heard from many about this man, how much harm he has done to Your saints in Jerusalem. **14** And here he has authority from the chief priests to bind all who call on Your name."

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Healing Relationship Scars Only Comes Through Relationships

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1. Be Honest With God

Psalms 3:7

Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the wicked.

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2. Trust God; That He Sees What You Cant See

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3. Spiritual People Have Conflicts But Resolve Them

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Acts 15:1-2

And certain *men* came down from Judea and taught the brethren, “Unless you are circumcised according to the custom of Moses, you cannot be saved.”

2 Therefore, when Paul and Barnabas had no small dissension and dispute with them, they determined that Paul and Barnabas and certain others of them should go up to Jerusalem, to the apostles and elders, about this question.

Galatians 2:11-13

Now when Peter[a] had come to Antioch, I withstood him to his face, because he was to be blamed; **12** for before certain men came from James, he would eat with the Gentiles; but when they came, he withdrew and separated himself, fearing those who were of the circumcision. **13** And the rest of the Jews also played the hypocrite with him, so that even Barnabas was carried away with their hypocrisy.

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“Its Always More Rewarding To Resolve A Conflict Than To Dissolve A Relationship”

Matthew 5:9

Blessed *are* the peacemakers, For they shall be called sons of God.

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1. You Make The First Move

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Skunks and Turtles

Matthew 5:23-24

Therefore if you bring your gift to the altar, and there remember that your brother has something against you, **24** leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.

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2. Ask God For Wisdom

James 1:5

If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.

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3. I've Got To Begin With "ME"

Ask, "What's My Fault?"

Matthew 7:3-5

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And why do you look at the speck in your brother's eye, but do not consider the plank in your own eye? **4** Or how can you say to your brother, 'Let me remove the speck from your eye'; and look, a plank *is* in your own eye? **5** Hypocrite! First remove the plank from your own eye, and then you will see clearly to remove the speck from your brother's eye.

James 4:1 New English Translation

Where do the conflicts and where do the quarrels among you come from? Is it not from this, from your passions that battle inside you?

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"When I'm At Peace Inside, What's Outside Doesn't Upset Me"

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Selfishness & Pride

Proverbs 13:10

By pride comes nothing but strife, But with the well-advised *is* wisdom.

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Greatest Log Jam Breaker "I'm Sorry I Was Only Thinking Of Myself"

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4. Listen For Their Hurt and Perspective

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We Argue Over Emotions Not Ideas

Hurt People Hurt People

Those who need love the most deserve it the least

When people feel slighted or not valued they get hurt

James 1:19

So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath;

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5. Speak The Truth Tactfully

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"I just tell it like it is...."

Ephesians 4:15

but, speaking the truth in love, may grow up in all things into Him who is the head—Christ—

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“Your Never Persuasive, When Your Abrasive”

Proverbs 12:18

The words of the reckless pierce like swords, but the tongue of the wise brings healing.

Ephesians 4:29 Today's English Version

You must let no unwholesome word come out of your mouth, but only what is beneficial for the building up of the one in need, that it may give grace to those who hear.

Galatians 6:1-2

Brethren, if a man is overtaken in any trespass, you who *are* spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. **2** Bear one another's burdens, and so fulfill the law of Christ.

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6. Fix The Problem, Not The Blame

Colossians 3:8

But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth.

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7. Focus on Reconciliation, Not Resolution

Reconciliation – Re-Established Relationship

Resolution – Resolve Every Disagreement

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Disagree Without Being Disagreeable

Wall Builder Vs. Bridge Builder

2 Corinthians 5:18-20

Now all things *are* of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, **19** that is, that God was in Christ reconciling the world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation.

20 Now then, we are ambassadors for Christ, as though God were pleading through us: we implore *you* on Christ's behalf, be reconciled to God.